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Welcome to the latest ABC UK Nurses' Newsletter!

In this edition, we are bringing you key updates, including a 'Save the Date' for our next ABC UK Nurse Education Day, details on our upcoming Patient Webinar, information on our ABC UK Nursing Grants Programme and how to nominate for our brand new ABC UK Nurse of the Year Award.

Plus, much more to support you in your vital role in bladder cancer care.

Stay tuned for further details!

The Action Bladder Cancer UK Team

SAVE THE DATE

An ABC UK free Education Day for urology and cancer nurses

Understanding Bladder Cancer: including latest developments in treatments and research, and also patient experience.

- When: Friday 05 September 2025
- Where: Central Birmingham

Details on how to book and full programme available shortly.



Save the Date: ABC UK Nurse Education Day in Birmingham

When: Friday 05 September 2025Where: The Studio - Birmingham

We are thrilled to have started planning our 4th Annual Education Day for Nurses. This inspiring and informative day will offer bladder cancer nurses the opportunity to:

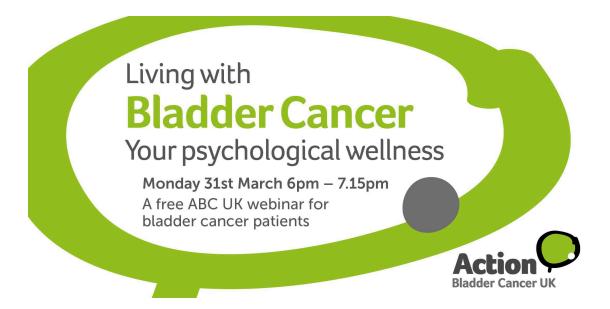
- ✓ Gain insights from leading experts in bladder cancer care
- Explore the latest research, treatments, and best practices
- Share experiences and network with fellow professionals
- Access resources to enhance patient care

The ABC UK Nurse Education Day is always a fantastic opportunity to learn, connect, and stay up to date with developments in bladder cancer care.

Please mark your calendar — more details and registration information will follow soon!

"I'm recommending to my colleagues for next year. It's been an informative and interactive day. Such interesting networking too!"

(Feedback from Urology CNS in 2024.)



Supporting Your Patients Please Share Our Upcoming Patient Wellness Webinar: Living with Bladder Cancer: Your Psychological Wellness

This important session, for patients, focuses on the emotional and psychological challenges that bladder cancer patients may encounter, providing valuable insights and practical strategies to support their well-being throughout their journey.

The session will cover:

- ✓ Managing the emotional impact of diagnosis and treatment
- ✓ Practical tips for psychological well-being
- ✓ Support available for patients and their families

☐ Date: 31 March 2025☐ Time: 6pm - 7.15pm

Registration Link: <u>Living With Bladder Cancer: Your Psychological</u>

Wellness

Please encourage your patients to join us for this empowering and informative event!

You can order free A5 flyers to advertise the webinar to your patients by emailing us **here** or you can download and print yourself by clicking below:

PDF Flyer for the ABC UK Patient Webinar



Reminder: ABC UK Nursing Grants Programme 2025 Applications Open!

We want to remind all specialist nurses that the **ABC UK Nursing Grants Programme 2025** is still accepting applications. Don't miss this fantastic opportunity to bring your project ideas to life and make a real difference for bladder cancer patients.

Why Apply?

This programme acknowledges the critical role of specialist nurses in improving patient care. We offer grants to support **nurse-led projects** that deliver direct benefits to bladder cancer patients.

Have a project idea in mind? We're here to help! Our team is happy to discuss your project ideas before you submit an application and provide guidance throughout the process.

Potential Project Areas:

- ✓ Improving patient outcomes or enhancing the treatment experience
- ✓ Supporting patients at the point of diagnosis or during treatment
- ✓ Improving follow-up and monitoring systems
- ✓ Developing better patient support initiatives
- ✓ Mapping and improving the patient experience
- ✓ Conducting small-scale audits, research, or quality improvement projects

Who Can Apply?

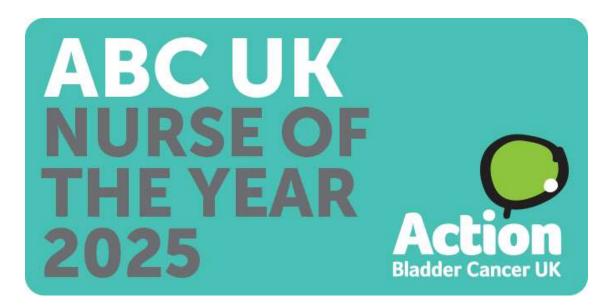
The programme is open to **Urology and Cancer Nursing Specialists.**Applications can be made by individual nurses or teams working in urology services, oncology, radiography, or follow-up clinics where bladder cancer

patients are treated or monitored.

Closing Date: 31 March 2025

Do you need support? Contact us to discuss your ideas or get help with your application.

For more information and to apply, please visit our dedicated page on our website **here** or **email us**.



Nominate an Outstanding Nurse for the ABC UK Nurse of the Year Award 2025!

Do you know a nurse who has gone above and beyond in supporting bladder cancer patients or improving their experience? Now's your chance to recognise their exceptional work!

Action Bladder Cancer UK is inviting nominations for the **ABC UK Nurse of the Year Award 2025**. Whether they lead a support group, organise well-being events, or introduce innovative ideas, we want to hear about them!

The winner will be announced at the ABC UK Nurse Education Day in September 2025 and will receive:

- ✓ Up to £500 in educational support (conference fees, travel, books, etc.)
- ✓ A £100 shopping voucher as a token of appreciation

How to Nominate:

Simply complete a nomination form (signed by a senior colleague) and submit it before **31 July 2025**.

For more information and for the nomination form, please click **here**.



Reminder for Urology Nurses: Order Your Free ABC UK Bladder Cancer Awareness Month Pack!

Bladder Cancer Awareness Month is coming up in May, and we want to make sure your department is ready!

We offer free awareness packs, including posters, badges, wristbands, pens, and our *NEW* nurses' lanyards - so you can wear your support for us with pride.

Help raise awareness of bladder cancer and the work of ABC UK.

Visit <u>here</u> to request your free pack.



Patient Information & Support – Free Resources for Your Patients

Don't forget! You can **order free patient information materials** to support those affected by bladder cancer. Visit our website to request **leaflets**, **guides**, **and other resources**: **Order Materials**.

We also offer a **direct patient support service**, by phone or email, free information resources for patients, as well as directing to **support groups** for those seeking connection and advice. Encourage your patients to reach out – we're here to help!

For more details, visit our website or get in touch.

Together, we're improving bladder cancer awareness and care and supporting patients every step of the way.

Thank you for making a difference.



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